

# MENU CARD



**SAARAH**  
day spa • beauty

**All prices are nett and inclusive of taxes & services charges**

*SAARAH Day Spa uses 100% natural skin and body products, so you can enjoy a relaxing treatment, knowing you're getting the best for your body and skin.*



## MASSAGE TREATMENTS



### Customised Body Massage

Massage the way you like it! Let our therapist know which areas of your body you would like (or wouldn't like) to be massaged on and the pressure that you prefer. Our therapists will use firm finger and palm pressure and our signature oil to ease away all bodily tension.

30 Minutes	<del>Rp 105k</del>	<b>Rp 85k</b>	60 Minutes	<del>Rp 195k</del>	<b>Rp 155k</b>
90 Minutes	<del>Rp 240k</del>	<b>Rp 190k</b>	120 Minutes	<del>Rp 300k</del>	<b>Rp 240k</b>

### Signature 4-hand Massage (2 Therapists)

This treatment will give you the ultimate relaxation in shorter time, as it is done by 2 therapists who will massage you in a synchronise rhythm for a fantastic feeling and ultimate relaxation.

60 Minutes	<del>Rp 345k</del>	<b>Rp 275k</b>	90 Minutes	<del>Rp 450k</del>	<b>Rp 360k</b>
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### Hot Stone Massage

A speciality massage where smooth, heated stones are used by the therapist by placing them and rubbing them on your body. The heat from the stones leads to deep relaxation and to warming up of the tight muscles enabling the therapist to work more deeply and more quickly.

75 Minutes	<del>Rp 270k</del>	<b>Rp 220k</b>	105 Minutes	<del>Rp 315k</del>	<b>Rp 250k</b>
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### Face Massage

This massage is reminiscent of the traditional Indonesia "Totok Wajah". With facial massage proven to relax and revitalize It will help to release any tension from your scalp and facial muscles.

15 Minutes	<del>Rp 60k</del>	<b>Rp 50k</b>
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### Foot Massage or Reflexology

This massage focuses on your feet and your lower leg. The treatment will apply gentle pressure but firm, to bring a state of relaxation for you and rejuvenate your energy.

30 Minutes	<del>Rp 90k</del>	<b>Rp 75k</b>	60 Minutes	<del>Rp 120k</del>	<b>Rp 95k</b>
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## BODY TREATMENTS



### Body Scrub

Our therapists will apply our 100% natural body scrub to your body, exfoliating your skin, and removing dead skin cells. This treatment is a great add-on to any of our massages.

30 Minutes	<del>Rp 105k</del>	<b>Rp 85k</b>
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### Ratus V

A special treatment for the vagina that uses natural ingredients of herbal spices that are efficacious and useful for cleaning and caring for the health of the intimate area.

25 Minutes	<del>Rp 90k</del>	<b>Rp 75k</b>
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### Bathing Experience

Relax and unwind before or after your treatment in a hot, aromatherapy bath prepared by our therapists.

30 Minutes	<del>Rp 105k</del>	<b>Rp 85k</b>
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# FACIAL TREATMENTS



## Mini Facial

Our Mini Facial is the perfect express facial treatment. The treatment includes steps to cleanse, tone, moisturize and massage your skin and will finish with the application of our Lip Hydrate. This treatment is suitable for all skin types.

30 Minutes ~~Rp 105k~~ **Rp 85k**

## Nourishing Facial

This is a relaxing treatment designed to nourish your skin with the natural and organic Sensatia Botanical products. The treatment includes steps to cleanse, scrub, tone, moisturize and massage your skin and will finish with the application of our Lip Hydrate. This treatment is suitable for all skin types.

60 Minutes ~~Rp 165k~~ **Rp 130k**

## Deep Cleansing Facial

This is a relaxing treatment designed to deeply cleanse your skin with the natural and organic Sensatia Botanical products. The treatment includes steps to cleanse, scrub, tone, moisturize and massage your skin, as well as including a mask to draw out impurities from the skin and extractions (if requested). The treatment will finish with the application of our Lip Hydrate and is suitable for all skin types.

90 Minutes ~~Rp 180k~~ **Rp 145k**

## Microdermabrasion

The Microdermabrasion Facial is a SAARAH favorite! This facial will rejuvenate, smooth and tone your skin. The facial begins with a cleanse and scrub using our natural and organic Sensatia Botanical products. Our therapist will use our microdermabrasion machine to treat your face and neck and will also do extractions (if requested). The treatment concludes with a relaxing massage and application of our nourishing Lip Hydrate. Your skin will feel noticeably smoother and softer after this amazing treatment.

90 Minutes ~~Rp 300k~~ **Rp 240k**



# SUGARING – WAXING



We're using sugaring wax made from natural sugar and lemon to remove your unwanted hair from your body with less pain than other waxing products and leave you feeling clean and smooth.

## Bikini

Basic Bikini	<del>Rp 105k</del>	<b>Rp 90k</b>
Full Brazilian	<del>Rp 150k</del>	<b>Rp 125k</b>

## Body

Back	<del>Rp 150k</del>	<b>Rp 125k</b>
Stomach	<del>Rp 75k</del>	<b>Rp 65k</b>

## Legs

Lower Leg	<del>Rp 105k</del>	<b>Rp 90k</b>
Upper Leg	<del>Rp 105k</del>	<b>Rp 90k</b>
Full Leg	<del>Rp 180k</del>	<b>Rp 150k</b>

## Face

Upper lip	<del>Rp 60k</del>	<b>Rp 50k</b>
Chin / Cheeks	<del>Rp 60k</del>	<b>Rp 50k</b>
Forehead	<del>Rp 60k</del>	<b>Rp 50k</b>

## Arms

Underarms	<del>Rp 60k</del>	<b>Rp 50k</b>
Half Arm	<del>Rp 75k</del>	<b>Rp 65k</b>
Full Arm	<del>Rp 105k</del>	<b>Rp 90k</b>

## Packages

Full Face	<del>Rp 225k</del>	<b>Rp 190k</b>
Full Body (2 Thera.)	<del>Rp 540k</del>	<b>Rp 450k</b>



# HAND & FEET TREATMENTS



## Manicure

We start with a relaxing hand soak followed by nail filing/cutting and cuticle maintenance. Then you will be treated with a relaxing mini hand massage and your therapist will complete the treatment with buffing.

60 Minutes      ~~Rp 135k~~      **Rp 110k**

## Pedicure

We start with a relaxing foot soak followed by foot rasping to remove dead/hard skin from your feet. Your therapist will then focus on nail maintenance with nail filing/cutting and cuticle maintenance. You will then be treated to a relaxing mini foot massage and your therapist will complete the treatment with buffing.

60 Minutes      ~~Rp 135k~~      **Rp 110k**

## Deluxe Manicure

The Deluxe Manicure starts with a relaxing hand soak followed by nail filing/cutting and cuticle maintenance. You will then be treated to a relaxing mini hand massage and your therapist will complete the treatment with our selection of nail polishes.

75 Minutes      ~~Rp 180k~~      **Rp 145k**

## Deluxe Pedicure

The Deluxe Pedicure starts with a relaxing foot soak followed by foot rasping to remove dead/hard skin from your feet. Your therapist will then focus on nail maintenance with nail filing/cutting and cuticle maintenance. You will then be treated to a relaxing mini foot massage and your therapist will complete the treatment with our selection of nail polishes.

75 Minutes      ~~Rp 180k~~      **Rp 145k**

## Signature 4 hand Mani-Pedi (2 Therapists)

Treat yourself with a manicure and a pedicure at the same time, done by 2 therapists.

60 Minutes      ~~Rp 270k~~      **Rp 215k**

## Signature 4 hand Deluxe Mani-Pedi (2 Therapists)

Treat yourself with a deluxe manicure and pedicure at the same time with nail polish, done by 2 therapists.

75 Minutes      ~~Rp 360k~~      **Rp 290k**

## Hand/Feet Scrub

Our therapist will apply scrub to either your hand (including your lower arm) or feet (including lower leg) to remove any dirt and freshened your skin.

15 Minutes      ~~Rp 45k~~      **Rp 40k**

## Nail Polish Application

Our therapist will apply nail polish to either your fingers or toes after you have made your selection from our range of nail polishes.

15 Minutes      ~~Rp 45k~~      **Rp 40k**



# SPA PACKAGES



## Afterwork Relaxation

The After Work Relaxation package is designed to relax and unwind the body and mind after a hard day at work. We will begin the treatment with our Mini Facial which will then be followed by our Full Body Massage (90 min) to completely relax you. Our therapist will then apply a natural Body Scrub to draw any remaining toxins from your skin. Once dry, you wash your cares away in the private shower.

150 Minutes      ~~Rp 425k~~      **Rp 295k**

## Long Relaxation

The Long Relaxation package is designed to relax and unwind the body and mind after a hard day of activities. We will begin the treatment with our Mini Facial which will then be followed by our Full Body Massage (120min) to completely relax you. Our therapist will then apply a natural Body Scrub to draw any remaining toxins from your skin. Once dry, you wash your cares away in the shower.

180 Minutes      ~~Rp 485k~~      **Rp 340k**

## Refreshing Body

The Refreshing Body package is to ensure you are leaving the spa feeling refresh. We start the treatment with our Nourishing Facial followed by our Full Body Massage of 90 minutes to give you ultimate satisfaction. We then, remove all the dead skin from your body using our natural body scrub. This is the treatment that makes you feel like a new person.

180 Minutes      ~~Rp 485k~~      **Rp 340k**

## Top to Toe Express (2 Therapists on Deluxe Mani-Pedi only)

This package will pamper you from Top to Toe and includes a Mini Facial, Full Body Massage (90 min) and our "Signature 4 hand Deluxe Mani-Pedi" with nail polish application. This is a perfect package for both male and female guests who would like to be spoilt with a range of treatments.

165 Minutes      ~~Rp 675k~~      **Rp 475k**

## Dream Date (2 Therapists)

We will begin by relaxing your body with our Signature 4 Hand Massage (60 min) to relax your muscular tension. We will then exfoliate your skin and remove any dead skin with our organic Body Scrub. Once you enjoy and clean yourself in our private shower, we continue to make you even more beautiful with our Signature 4 Hand Deluxe Manicure Pedicure and nail polish application to complete your dream date package.

165 Minutes      ~~Rp 765k~~      **Rp 530k**

## Long Dream (2 Therapists)

We will begin by relaxing your body with our Signature 4 Hand Massage (90 min) to relax your muscular tension. We will then exfoliate your skin and remove any dead skin with our organic Body Scrub. Once you enjoy and clean yourself in our private shower, we continue to make you even more beautiful with our Signature 4 Hand Deluxe Manicure Pedicure and nail polish application to complete your dream date package.

195 Minutes      ~~Rp 870k~~      **Rp 595k**

## Romantic Couple (4 Therapists)

We will begin by performing a Mini Facial, followed by relaxing your body with our Signature 4 Hand Massage (60 min) to relax your muscular tension. We will then exfoliate your skin and remove any dead skin with our organic Body Scrub. Once you enjoy and clean yourself in our private shower, we continue to pamper you in the Jacuzzi together. We will then provide you with lunch, and after, to make you even more beautiful, we polish you with our Signature 4 Hand Deluxe Manicure Pedicure. This is the package you and your partner will always remember.

270 Minutes      ~~Rp 2.145k~~      **Rp 1.595k**